All drivers operating commercial motor vehicles as defined in Title 49, Code of Federal Regulations, Section 390.5 (see below) must complete and maintain a Record of Duty Status (log book) unless the driver complies with all of the following:

- The driver operates within a 100-air-mile radius of the normal work reporting location, and
- The driver, except a driver salesperson, returns to the work reporting location and is released from work within 12 consecutive hours, and
- At least 8 consecutive hours off duty separate each 12 hours on duty, and
- The driver does not exceed 10 hours maximum driving time following 8 consecutive hours off duty, and
- The motor carrier that employs the driver maintains and retains for a period of six months accurate and true time records showing:
  - The time the driver reports for duty each day
  - The total number of hours the driver is on duty each day
  - The time the driver is released from duty each day
  - The total time for the preceding seven days in accordance with Title 49, Code of Federal Regulations, Section 395.8(j)(2) for drivers used for the first time or intermittently.

**DEFINITION OF COMMERCIAL MOTOR VEHICLE (390.5)**

Any self propelled or towed vehicle used on the public highways in commerce to transport passengers or property when the vehicle:

- Has a gross vehicle weight rating (G.V.W.R) or gross combination weight rating (G.C.W.R), or gross vehicle weight or gross combination weight of 10,001 or more, whichever is greater; or
- Is designed or used to transport more than 8 passengers, (including the driver) for compensation; or
- Is designed or used to transport more than 15 passengers, including the driver, and is not used to transport passengers for compensation; or
- Is used in transporting hazardous materials in a quantity requiring the use of hazardous material warning placards.