

**HOURS OF SERVICE RULES
(DOES NOT APPLY TO SHORT-HAUL DRIVERS)**

The hours of service rules apply to all motor carriers and drivers, with the exceptions found in paragraph (b) through (p) of Section 395.1.

Property Carrying Operations

11-hour rule - Drivers are allowed to drive for 11 hours following 10 consecutive hours off duty.

14-hour rule - A motor carrier cannot permit or require a driver to drive after the 14th hour after coming on duty following 10 consecutive hours off duty, except when complying with section 395.1(e); 395.1(o).

16-hour rule - A property-carrying CMV driver may extend the 14-hour on-duty period by 2 additional hours once every 7 days if they:

- Have been released from duty at their normal work reporting location for the previous 5 duty tours;
- Are released from duty at their normal work reporting location within 16 hours after coming on duty following 10 consecutive hours off duty; and
- Have not taken this exemption within the previous 6 consecutive days, except following a 34 hours restart of a 7/8 day period.

60 and 70-hour rules - A motor carrier must not permit or require a driver to drive after a total of:

- 60 hours on duty in 7 consecutive days (carrier does not operate CMVs every day of the week).

OR

- 70 hours on duty in 8 consecutive days (carrier operates CMVs every day of the week), **AND**
- An off duty period of 34 or more consecutive hours may restart a driver's 7 or 8 consecutive day period.

Passenger-Carrying Operations:

10-hour rule - Drivers are allowed to drive 10 hours following 8 consecutive hours off duty.

15-hour rule - A motor carrier cannot permit or require a driver to drive after the 15 hours are spent on duty following 8 consecutive hours off duty.

60 and 70-hour rules - A motor carrier must not permit or require a driver to drive after a total of:

- 60 hours on duty in 7 consecutive days (carrier does not operate CMVs every day of the week),

OR

- 70 hours on duty in 8 consecutive days (carrier operates CMVs every day of the week).

Note: If a property or passenger-carrying driver works more than one job of any kind, that time must also be included as On Duty Time.